

# News

River

## **FLU SHOTS ARE HERE - NOVEMBER 1ST**

With the Fall season upon us, the cold and flu season is rapidly approaching. Protect yourself and your family with free flu shots in conjunction with Mount Sinai Beth Israel Medical Center, the Educational Alliance and Co-op Village NORC. All East River residents over the age of 18 are welcome to participate.

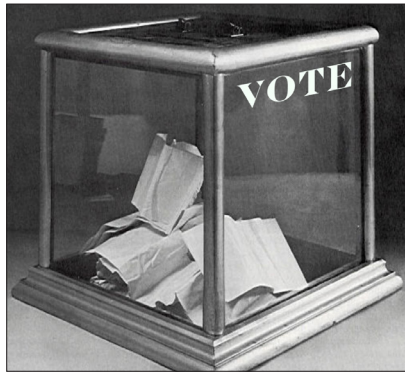
The CDC recommends annual influenza vaccinations for everyone age 6 months or older. Vaccination is especially important for people at high risk of influenza complications including; pregnant women, older adults and young children.

Chronic medical conditions can also increase your risk of influenza complications. Examples include; asthma, cancer or cancer treatment, COPD, diabetes, HIV/AIDS, kidney or liver disease and obesity.

Take advantage of this great program, no appointment is necessary.

Come to the ER Community Room, 477 FDR (Building 4) on Tuesday November 1st between 10 AM and 2 PM.

If you have any questions, please call 646-395-4510.



## **ANNUAL MEETING AND BOARD/HOUSE COMMITTEE ELECTIONS**

The Annual Meeting of shareholders will be held on Tuesday, December 6, 2016 at 7:30 PM at PS 134, 293 E Broadway. An official notice of the meeting will be sent to cooperators shortly.

The terms of three (3) Board members are expiring and there is one vacancy to be filled, thereby creating four (4) vacancies. The terms of four (4) House Committee members are expiring and there is one vacancy to be filled, thereby creating five (5) vacancies. If you are interested in running as a candidate, you may obtain a candidate application form from the Management office (530 Grand Street). This must be completed and returned with a one-page biography and headshot no later than October 31st. All cooperators are encouraged to attend the shareholders meeting.

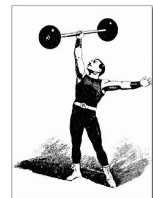
## **WELCOME TO THE RENOVATED GYM FACILITY**

In June, the East River gym renovation was completed with the replacement of cardio equipment and installation of new televisions. Together we can keep our gym in good condition and be courteous to our fellow cooperators by adhering to the facility's rules and practicing proper gym etiquette:

- *The gym is for the use of members only; guests, non-member fitness trainers, and children under 18 are not authorized to enter or use the facility.*
- *Remember to wipe down all equipment and benches with the provided gym wipes after use, and use the trash receptacles provided for garbage.*
- *Re-rack your weights and put back any gym accessories after use.*
- *As we have more members using the gym facility, be courteous about the time spent on the equipment. In the weight sections, it's ok to ask to work in a set and to share sets with other members.*
- *Please don't take equipment, television remotes, or other items from the gym, or bring unwanted home equipment into the gym.*

By working together, we can keep the gym space in good condition for years to come!

If you would like to join the gym, you may sign up at the Management office. The monthly membership cost is \$25 per person.



## MEET THE STAFF



**Name:** Eulogio Cruz

**What is your position/job at East River Co-op?** I am a security guard, usually in Building #2.

**How long have you worked here?** 6 years

**What do you like the most about working at East River?** The friendly residents and people that I get to see every day.

**What's one thing that the residents of East River would be surprised to learn about you?**

I don't really have any special talents, but I truly care about people and am a friendly person.

*Do you have a favorite porter, security guard, maintenance worker, or other staff member you'd like to see highlighted? Ask them to answer the 5 questions above, snap a photo of them and send along to [ERHouseCommittee@aol.com](mailto:ERHouseCommittee@aol.com)*

## COMMUNITY BULLETIN BOARDS

We have received inquiries regarding the bulletin boards used throughout our buildings.

What can be posted? Where can it be posted? What is the procedure to post something?

There are three (3) different areas where information can be posted:

- The glass covered bulletin boards in each section's mail area.
- The "clipboards" located near each section's main floor elevators.
- The open bulletin boards located in each building's laundry room.

## Glass bulletin boards

These bulletin boards are supervised by the Management office. They contain ongoing important information for cooperators announcing community events. Cooperators involved with community groups may request that notices about their organization be posted. This could include information about the organization, which may be of general community interest, or an upcoming function. Proposed notices should be brought or emailed ([contact@coopvillage.coop](mailto:contact@coopvillage.coop)) to the Management office for approval and posting.

## Elevators

The area near the main floor elevators in each building section is to be used only for official Board, House Committee, or Management announcements. Typically, notices placed here cover official Maintenance alerts, Emergency bulletins and information about East River Housing activities. The only exception, by long-standing East River tradition are the notices placed by residents in this area regarding the passing of cooperators. Such notices should be placed on the "clipboard" next to the elevator and appropriately removed at the conclusion of the mourning period.

**Please do not tape notices to the walls as it damages our tiles.**

## Laundry Rooms

The bulletin boards located in each building's laundry room are for the general use of residents.

These typically include personal notices for services offered such as babysitting, cleaning, nanny services, items for sale, and other information. This is also the perfect place for information about groups and events.

As a general comment, please respect our common property. Do not post or tape notices to lobby walls, the mail areas, laundry room walls, stairway walls, etc. Utilize the simple procedures outlined above to help ensure that relevant community information is properly communicated.

## THE HOUSE COMMITTEE

is a group of East River neighbors elected by shareholders to advise the Board and Management on quality-of-life issues of importance. The committee meets monthly and focuses on several areas including, buildings and grounds, security, transportation and sustainability. Activities of the House Committee include hosting social nights for cooperators, such as Meet the Neighbors events and ice cream socials, conducting monthly walk-throughs to note maintenance issues, and providing suggestions for our community's improvement, and producing the quarterly Newsletter.

The House Committee meets monthly and we welcome your input, suggestions and questions. If you would like to contact us, or are interested in becoming a House Committee Member you may contact us at our email address:

**ERHouseCommittee@aol.com** or through the Management Office at 530 Grand Street. All written suggestions or concerns will be discussed at our meetings

Jeff Super - Chair  
John Field - Vice-Chair  
Carmen Alvelo - Secretary  
Ellen Renstrom - Secretary  
Leo Hoenig | Mark Lynch  
Michael Marino | Ted Pender  
Sarah Sheahan | Tom Skibicki

## EMAIL AND WEB COMMUNICATIONS AT EAST RIVER

Get the info you need wherever you are by signing up for East River's Email Notification System. By providing Management with your email address, you receive email alerts during an emergency, information and updates regarding important maintenance issues, and weather related alerts. Your email address will be kept private, and personal information will be safeguarded in a conscientious manner.

Please visit our web site at [www.EastRiverHousing.com](http://www.EastRiverHousing.com) and sign-up on the "Contact Us" page.