EAST RIVER NEWS

BUILDINGS AND GREEN SPACES

Two more sets of chains were removed from the lawns between Buildings 1 and 2, freeing up more green space for all of us to enjoy while being mindful of nearby plants, flowers, and neighbors.

East River residents are also able to use Hillman Park and can obtain a key at the Management Office (530 Grand; 212-677-5858).

LOCAL ART & CULTURE

The annual Summer Stage returns to the East River Park Band Shell with eleven free performances beginning on August 19. The offerings range from dance to music to Shakespeare, all just steps away from East River. www.summerstage.org

Shakespeare in the Parking Lot

offers *free* theatre in the parking lot at Ludlow and Broome. A Comedy of Errors runs July 7-23 and Hamlet runs July 28 – Aug 13. www.drillingcompany.org

HEALTH AND FITNESS

The East River Fitness Center and East River Park are two great places to improve your health.

But if it is classes you crave, be sure to check out the **five free** local fitness classes offered by expert instructors from Equinox. The "Shape Up NYC" program offers free classes in 42 NYC locations, including the Hamilton Fish Rec Center at 128 Pitt Street. http://www.nycgovparks.org

East River also has women's aerobics classes twice a week to help keep you in shape. The classes are held Mondays from 7 pm to 8 pm and Thursdays from 6:45 pm to 7:45 pm in the Women's Club (Building 4) and are for women only. Come on down 10 minutes before the class and the experienced instructor will get you started. A nominal membership fee in the Women's Club is required.

If you are a new resident, you can sign up for the East River Fitness Center and playroom at the Management Office. (While you are there you can also join the waiting list for parking spots and the bike room.)

Healthy local and delicious food comes to our neighborhood at the Hester Street Fair on Saturdays from 10-6 (Essex;

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www.hesterstreetfair.com) and at the Lower East Side Green Market on Thursdays from 12-6 (Grand /Pitt; www.grownyc.org).

LOWER EAST SIDE BUSINESS **IMPROVEMENT DISTRICT**

The Lower East Side Business Improvement District's website contains local restaurant and shopping guides and lots of other information about our community. www.lowereastsideny.com They also have a visitors center at 54 Orchard Street (Hester/Grand).

AND THE WINNERS ARE ...

Board members newly elected to three year terms are Gary Altman, Rachel Ehrenpreis, and Larry Goldman. House Committee members newly elected to three year terms are Sara Shikhman, Julian Swearengin, Mary Jo Burke, Zemka Carra, and Carmen Alvelo Congratulations to all!

EAST RIVER FERRY

A new ferry service connects 34th Street, Wall Street, and Brooklyn/Queens. No LES stop yet, but we are investigating. http://www.nywaterway.com/ERF -Home.aspx

EAST RIVER NEWS

RESTAURANT RANTS & RAVES

One local restaurant that scored a highly-sought after "A" in the Department of Health ratings is **Jin Sushi** at 252 Broome Street (Orchard/Ludlow). Jin features a very affordable "Happy Hour" menu Monday to Friday from 3:30 to 7:00 and Saturday and Sunday from 12:30 to 7:00. All items on the Happy Hour menu are just \$3, including beer, wine, and sake. Jin's proximity to a fish distributor has earned it a reputation for freshness that few can match.

EAST RIVER PARK NEWS

A spokesman for the Parks Department recently told a reporter at local news website www.thelodownny.com that the final phase of the riverfront project will be completed this Fall.

Residents who want to want to help keep East River Park fun, safe, and accessible can now volunteer for the newly-created **Parks Greeter Corps**. "Parks greeters are a welcoming presence at the entrance to parks, inform patrons of the available amenities and programs, gauge the public's opinions and interests, and serve as eyes and ears for the park's condition and environment." Learn more at www.nycparks.org

East River Park also hosts many youth sports leagues, including the **Downtown Giants Youth Football** program. Children ages 5-15 are welcome, and scholarships are available for those in need. www.downtowngiants.com

IMPORTANT EAST RIVER CONTACT INFORMATION

Maintenance Department 212-677-5744 24 hours a day

The Maintenance Department is available for service 7 days a week from 8 AM until midnight, with Emergency Service through the overnight from midnight until 8 AM.

Address for small package delivery service:

Your Name & Apartment Number c/o East River Housing Maintenance Department 568 Grand Street New York, NY 10002

Security

Building #1 453 C, 455 B & 457 A FDR Dr. 212-253-6767

Building #2 573 D, 575 E & 577 F Grand St. 212-253-6996

Building #3 568 J, 570 H & 572 G Grand St. 212-253-6866

Building #4 473 K, 475 L & 477 M FDR Dr. 212-253-6966

NYPD's Seventh Precinct 212-477-7311

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EAST RIVER HOUSE COMMITTEE

Leo Hoenig, *Chair* Jeff Super, *Vice Chair Newsletter Editors*: Kerry Prendergast, Julian Swearengin *Other Members*: Carmen Avelo, Judi Aronowitz, Mary Jo Burke, Judy Capel, Zemka Carra, Fran Plotnik, Sara Shikhman. George Kleiner (Emeritus). Larry Goldman is the Board representative.

THE HOUSE COMMITTEE is a

group of your East River Co-op neighbors who are elected to advise and to report to the Board and Management on quality-oflife issues of importance to shareholders. The committee meets monthly and focuses on several areas, including grounds and maintenance, security, transportation and sustainability. We also arrange get-togethers so that you can meet your neighbors and discuss your concerns. A **Physical Plant Subcommittee** conducts monthly walk-throughs noting maintenance issues and making suggestions for improvement. The committee also resolves disputes between owners.

This newsletter is a means of communicating with residents and we hope that you will find it useful and interesting. We look forward to your comments and suggestions. You may contact us confidentially at erhousecommittee@gmail.com or through the Management Office. All written suggestions or concerns will be discussed at our meetings. Prior versions of East River News are available at http://www.coopvillage.coop/east RiverHC/erNewsDocs/